

Leading Causes of Preventable Disease

Tobacco Use -- Obesity -- Physical Inactivity



Take
Action Now
to Prevent
Diabetes.

ACTION NOW!
Community Diabetes Prevention & Control

www.123ActionNow.org

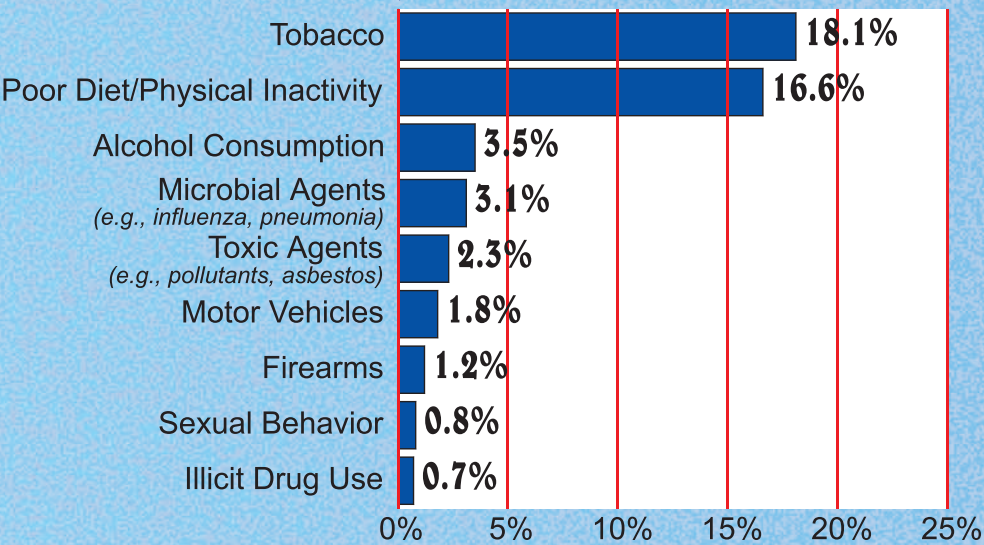
Know your numbers.



This may be the first generation of children that will have a **shorter life expectancy than their parents.**

Actual Causes of Death

United States, 2000



Cancer Facts for Lancaster County:

Colorectal Cancer - the 2nd leading cause of cancer death

- 1,129 fecal occult blood test kits distributed through the Lancaster Crusade Against Cancer
- 3% of returned test kits were positive

Breast & Cervical Cancer

- 2,817 women active in the Every Woman Matters Program
- Approximately 24% of women screened are minority clients
- Nutritional guidelines and physical activity provided through class or home study programs

Skin Cancer

- 7 skin cancer screenings at WorkWell companies
- 274 people screened
- 61 referred for further examination, biopsy, treatment

Women, Cancer & Tobacco - promote smoking cessation to women

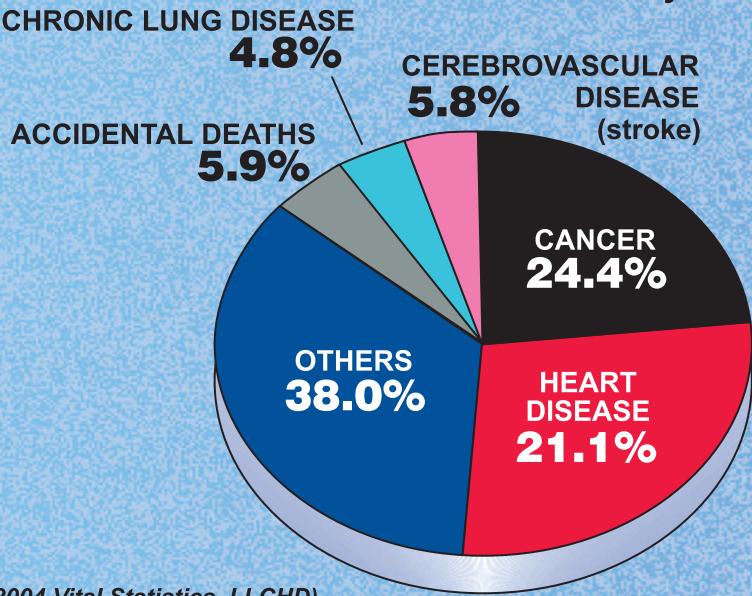
- 800 Quit Kits made and distributed
- 41% of persons responding committed to quit smoking



WorkWell employees and family members account for 110,000 people in Lincoln and Lancaster County. Local businesses realize that chronic disease and lifestyle factors affect their bottom line, including health insurance costs and lost productivity. Tobacco cessation classes, exercise programs, and healthy eating programs are promoted in all WorkWell companies.

Source: New England Journal of Medicine, March 17, 2005

Cancer and Heart Disease Remain the Leading Causes of Death in Lancaster County



(Source: 2004 Vital Statistics, LLCHD)